

CAMINO DE SANTIAGO

“THE WAY OF ST JAMES”

FRIENDS OF THE COOMBE FUNDRAISING WALK

From the Pyrenees to Santiago de Compostela, runs a road that is over a thousand years old. The Camino de Santiago, or, the Way of St James, has been a very popular trail, for walkers, horseback riders, and cyclists. Our walks along the way are not difficult, but are varied – some flat, some hilly, on tracks and on pathways, through woods and across open plains, through villages and towns. This is a great opportunity to enjoy very meaningful walks across Northern Spain, and at the same time, raise much needed funds for the Coombe Women & Infants University Hospital.

Included in our trip:

**Return flights – Dublin/Bilbao, Santiago/Dublin.
1 night hotel, dinner, bed & breakfast in –
Burguete, Estella, Burgos, Leon & Ponferrada.
2 nights hotel in Compostela on full board.
4 picnic lunches and 3 hotel lunches.
Coach accompanying group throughout.**

**Back-up car with refreshments along the way
Experienced walk leader and rep. with group
Tips for hotel staffs and coach driver
All airport and local taxes & charges
1 piece of checked-in luggage (20kg)
Full comprehensive insurance**

Approx. walking distance 110km (66 miles)

N.B. No pressure on anyone, walk as much as is comfortable for you, this is not a race.

CAMINO DE SANTIAGO **7th – 14th September 2010**

MINIMUM SPONSORSHIP REQUIRED €3,500.00

- Day 1. Assemble at Dublin airport for Aer Lingus flight to Bilbao. Transfer to Burguete and check into hotel for 1 night, dinner, bed & breakfast.
- Day 2. Drive to nearby Roncesvalles, see the Collegiate chapel and commence our walk to Espinal 6 km. Drive to Zurian and walk to Zabaldica 3 km. Picnic lunch. Afternoon walk from Zariquiegui to Obanos 10km. Visit the free wine fountain at Estella, and check into hotel for 1 night, dinner, bed & breakfast.
- Day 3. Drive to Najera and walk to Cross 7km. Drive into Santo Domingo for visit to the Cathedral and hear legend of the Roasted Cock. Picnic lunch. Afternoon walk from Castildelgado to Belorado 10km. Drive to Burgos for 1 night, dinner, bed & breakfast.
- Day 4. Morning in Burgos. Visit the Cathedral, see the tomb of El Cid, the Golden Staircase and the miraculous crucifix. Lunch. Afternoon walk from Fromista to Villacazar 13km. Drive to Leon for 1 night, dinner, bed & breakfast.
- Day 5. Morning walk from Valverde to Villadangos 10km. Picnic lunch. Afternoon walk from Foncebadon to El Acebo, via Cruz de Ferro 11km. Drive into Ponferrada for 1 night, dinner, bed & breakfast.
- Day 6. Drive to the mountain village of O’Cebreiro. See the old Pallozas and the church of the Eucharistic Miracle. Walk from Capilla San Roque to Biduedo 8km. Drive to Samos to see the great Monastery. Picnic lunch. Drive to the submerged village of Portomarine. Walk from here to Castromaior 10km. Drive to Salceda and walk to Sta Irene 5km. Drive into Santiago de Compostela for 2 nights, on full board.
- Day 7. Return to Sta Irene and walk to Lavacolla for traditional washing 12km. Lunch at hotel. Afternoon walk into Santiago de Compostela 5km. Visit Cathedral of St James, see the Portico of Glory, embrace the statue of St James, and visit his tomb below the main altar.
- Day 8. Drive into centre of Santiago and take part in the Pilgrims Mass, after which we witness the magnificent swinging of the Botafumiero. Lunch at hotel. Afternoon transfer to Santiago airport for return Aer Lingus flight to Dublin.